

# Library Resources on... **Military Families**

This guide is intended to assist the user in finding information helping children deal with having a parent or both parents serve in the military

## General Call Numbers - Where can I find it on the shelves?

PZ 7 & 8	Children's picture books about military families
BF 723	Loss and grief

## Subject Headings - What terms should I use in the library catalog?

Children of military personnel Soldiers	Armed Forces -- Military life Separation (Psychology) in children
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## Specific Books - What books do people recommend?

RC 488.5 .A 2007	<b>I miss you! : a military kid's book about deployment</b> <i>This book is designed to help children especially, but also their parents, during such difficult times. An excellent tool for allowing children and their loved ones to deal with the many emotions caused by deployment. Text and illustrations encourage children to discuss their feelings and to draw their own pictures to express themselves.</i>
BF 723 .G75 G74 2001	<b>What happened to the world? : helping children cope in turbulent times</b> <i>Offers guidance on how you can help children cope in these turbulent times. Also provides advice and additional resources to help children manage grief, fear and intolerance.</i>

## Multimedia Materials - What videos are there on the topic?

VHS - 229	<b>Understanding grief : a child's view of grief</b> <i>Written by and featuring Dr. Wolfelt and a number of bereaved children and their families, this high quality video explores several key principles of helping children cope with grief.</i>
VHS - 339	<b>Helping kids cope with terrorism</b> <i>Discussion with parents on how their children express their emotions and fears after the September 11 terrorist attacks. Tips are offered on how to discuss terrorism with children.</i>

## Journal Articles - What do professional sources have to say about the topic?

Huebner, Angela J. <i>Parental Deployment and Youth in Military Families: Exploring Uncertainty and Ambiguous Loss</i> . Family Relations; v56 n2 p112-122 Apr 2007.
Rush, C.M. <i>Supporting Children and Adolescents with Deployed Caregivers: A Structured Group Approach for School Counselors</i> . Journal for Specialists in

Group Work; v32 n2 p113-125 Apr 2007.

Still need more materials? Contact the library for further assistance!