

Library Resources on...

Cooking

This guide is intended to assist the user in finding information about cooking for children, including sample recipes, activities for children, and nutritional guidelines.

General Call Numbers - Where can I find it on the shelves?

TX300	Cooking
LB1140.35	Cooking Activities

Subject Headings - What terms should I use in the library catalog?

Cooking	Nutrition
Cookery	Cooking, international

Specific Books - What books do people recommend?

TX 661 .K66 2001	Snacktivities! : 50 edible activities for parents and children <i>Challenge the school-agers and older preschoolers in your care to learn about food while they improve their math, literacy, and science skills.</i> <i>Recipes for fifty easy-to-prepare snack ideas, including party sandwiches, monster faces, fruit and veggie salads, and lots more. Ideas use all food categories</i>
TX 652.5 .K24 1994	Pretend soup and other real recipes : a cookbook for preschoolers & up <i>Contains 19 healthy, teaching recipes and an educational supplement with ideas for integrating recipes into your curriculum.</i>

Multimedia Materials - What videos are there on the topic?

VHS - 142	What's cooking? <i>Captures the sounds, sights, and spirit of five ethnic American families cooking and eating their evening meals.</i>
VHS - 140	Today's Special: A fresh approach to meals for preschoolers <i>This video helps caregivers get organized to create healthful meals. Recipes are demonstrated.</i>

Journal Articles - What do professional sources have to say about the topic?

Young, Risa. <i>Cook by Number</i> . Scholastic Early Childhood Today. March 2007. p. 47.
Thonney, Patricia. <i>Cooking Up Fun! A Youth Development Strategy that Promotes Independent Food Skills</i> . Journal of Nutrition Education and Behavior. Sept/Oct 2006. p. 351.

Still need more materials? Contact the library for further assistance!